Exercise Your Temple Lay Aside Your Weight

with Lady Shirley Wooten



Order your EXERCISE YOUR TEMPLE AND LAY ASIDE YOUR WEIGHT tee-shirts from Lady Shirley Wooten for only \$25. (please add \$2 for shipping and handling). All sizes and colors available. Also available in pink, purple, and yellow. You can purchase a music CD for only \$15, DVD \$25, mask for \$15, and <u>order</u> a water bottle for \$15.99. (The water bottles will be available soon).

Call or text 314-583-0610, Cash app <u>\$ladyshirleywooten</u>. Exercise class every Monday and Thursday at 7:00 pm on Shirley Adkins Wooten Facebook page.

If you live out of town, text me your name, address, and color.

Name		Address		
Phone #	Zip code_		Email	
Tee Shirt order:		CD order:	DVD:	
How many:		How many	How many _	
Sizes:				
Colors:		Masks:	Water bottle:	_